

SERVICE SPECIFICATIONS 2011/2012

CATEGORY OF SERVICE: SUBSTANCE ABUSE

SERVICE DESCRIPTION: PREVENTION PROGRAMMES

DISTRICT:

AREA

Name of Town(s)	
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AIM

Aim (focus) of the Service / Project	To assist the Department of Social Development to provide Prevention Programmes in communities regarding substance abuse
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SERVICES REQUIRED

Target Group (s)	<ul style="list-style-type: none">▪ Individuals, children and families.▪ Youth: Out of school In school• Communities affected by substance abuse (choose 2 of the following groups at risk)<ul style="list-style-type: none">- Employed
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| | <ul style="list-style-type: none"> - Occupational groups e.g. teachers, medical personnel, - sex workers, - truck drivers, - farm workers |
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OBJECTIVES AND OUTPUTS REQUIRED

<p><u>Objective (1)</u> To provide Prevention Programmes in communities</p>	<p><u>Output(s)</u> The aim must be linked to the following:</p> <ul style="list-style-type: none"> ▪ To change values, perceptions, expectations and beliefs that are associated with substance abuse. • To develop social skills of people to increase their capacity to make informed and healthy choices about substance use and abuse. • To promote an environment where people can develop and enjoy healthy lives. <p><u>Type of Services:</u></p> <p>To provide prevention programmes in communities regarding substance abuse (alcohol and drug abuse, tobacco and inhalants) that include the following services focusing on adults, youth and children:</p> <ol style="list-style-type: none"> 1. Exploration of values, perceptions, expectations and believes with regard alcohol and drug use and substance-related problems.
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2. An educational programme on responsible alcohol consumption.
3. To raise awareness on substance use disorders and related health and social problems.
4. Development of life and social skills. (E.g. decision-making, conflict resolution, and assertiveness abilities).
5. Health promotional activities to increase the target groups' capacity to make informed and healthy choices.
6. Improvement of parenting skills among families at risk, including appropriate skills e.g. discipline and communication.
7. A sexual risk behavior programme to reduce the risk of contracting or transmitting HIV/AIDS

Desirable features of primary prevention activities

- Information dissemination:
Information Dissemination can be executed by means of talk shows, road shows, and talks over the radio, pamphlets, booklets, posters and workshops.
- Establishment and maintenance of Ke Moja I am Fine without drugs clubs (or maintenance of I'm Addicted to Life Clubs) with its focus on the *prevention of substance use and abuse* in primary and secondary schools and amongst youth out of school.
- Lay counselling – provision of basic information about drugs and their effects and later referral to appropriate service providers.
- Recruitment, selection and training of volunteers who would implement the programme.

	<ul style="list-style-type: none"> ▪ Organise and participate in the celebration of applicable international days (such as the “International Day Against Drug Abuse and Illicit Trafficking” on 26 June). ▪ The organisation should actively be involved in the establishment, maintenance and operations of the Local Drug Action Committee (as mandated by the National Drug Master Plan) within its jurisdiction area.

FUNDABLE ACTIVITIES / ITEMS

<p>Non-Fundable Activities / Items</p> <ul style="list-style-type: none"> - T-Shirts and caps - Pins/badges <p>(<u>Note</u>: Fundraising could be done to obtain “non-fundable” items)</p>	<p>Fundable Activities / Items</p> <ul style="list-style-type: none"> - Educational materials (for example books, pamphlets, posters and videos) - Transport - Meals (during travelling long distances to visit clubs) - Stipends (volunteers) - Equipment - Arts and crafts materials - Workshops (for <u>capacity-building</u> of management committees and members of clubs) <ul style="list-style-type: none"> . Accommodation and meals (for facilitator if from out of town) . Refreshments (for people attending the workshops) . Materials (used in workshops) . Transport (for clubs to attend workshops)
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ENQUIRIES

DISTRICT OFFICE OFFICIAL
Official:
Tel Nr:

NOTE: Additional information on this specific service and requirements could be obtained from the relevant legislation, departmental policies, position papers and circulars.

SUBMIT TO:

DISTRICT OFFICES:
Office:
Physical Address:
Official:
Office Nr:

APPROVED:

DISTRICT MANAGER:

DATE: