

SERVICE SPECIFICATIONS 2011/2012

CATEGORY OF SERVICE: SUBSTANCE ABUSE

SERVICE DESCRIPTION: TRAINING PROGRAMME ON SUBSTANCE ABUSE FOR PROFESSIONAL WORKERS

DISTRICT:

AREA

Name of Town(s)	Conduct 5 training workshops of 3 days each for 20 professional workers per workshop (One in each district).
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AIM

Aim (focus) of the Service / Project	To assist the Department of Social Development to provide a Training Programme to professional workers on substance abuse.
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SERVICES REQUIRED

Target Group (s)	Professional workers (Social Workers and Professional Nurses) of: <ul style="list-style-type: none">▪ Non-Governmental Organizations (NGOs)
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OBJECTIVES AND OUTPUTS REQUIRED

Objective (1)

To provide training to professional workers on substance abuse.

Outputs

- Course participants will possess screening and assessment skills, counselling and other intervention skills, relapse prevention and aftercare skills.
- Participants will be provided with an assessment tool and trained to utilize the tool.
- Participants will be able to develop an individual treatment programme for persons of all ages.
- Participants will be able to implement the theory of the course.

Content of training:

- The development of insight into and knowledge of the dynamics of substance abuse and the substance abuser, levels and implications of substance abuse, assessment, treatment approaches, treatment management, relapse prevention and aftercare.
- The provisioning of practical experience in using and observing reflective and

directive counseling skills within the substance abuse scenario.

- The development of insight into and practical exposure to dealing with difficult clients and systems.
- The increase of the level of self-awareness and self-efficacy.
- The exposure for the development of an individual development plan.
- The training topics should include the following:
 1. What is a substance?
 2. Definition and description of dependency
 3. The effects of substances
 4. Reasons for the use and abuse of substances
 5. Signs and symptoms of substance abuse
 6. Defence mechanisms
 7. Assessment and screening
 8. Referrals
 9. Counseling/ intervention skills
 10. Motivational skills
 11. Individual development plan
 12. Contract of cooperation between the social worker and the client
 13. Aftercare services and family reintegration
 14. Support groups
 15. High risk factors for relapse
 16. Dealing with Relapse

Expectations of Training

- Training material including manuals and relevant hand-outs
- Conduct 5 training workshops of 3 days each for 20 professional workers per workshop (One workshop in each district).
- Outline of the training programme / course with a clear indication on the expectations of the course including the objectives, methodology, time-frames, etc.
- The training should be conducted in English.
- Certificate of attendance.

FUNDABLE ACTIVITIES / ITEMS

<p>Non-Fundable Activities / Items</p> <ul style="list-style-type: none"> - T-Shirts and caps - Pins/badges <p>(<u>Note:</u> Fundraising could be done to obtain “non-fundable” items)</p>	<p>Fundable Activities/Items</p>
	<p>1. Personnel Expenditure</p>
	<p>2. Training</p>
	<p>3.Transport expenditure</p>
	<p>4. Venue/Administration Expenditure.</p>

ENQUIRIES

DISTRICT OFFICE OFFICIAL
Official:
Tel Nr:

NOTE: Additional information on this specific service and requirements could be obtained from the relevant legislation, departmental policies, position papers and circulars.

SUBMIT TO:

DISTRICT OFFICES:
Office:
Physical Address:
Official:
Office Nr:

APPROVED:

DISTRICT MANAGER:

DATE: