



## **REPORT ON THE 2019 ACTIVE AGEING ACTIVITIES AND GOLDEN GAMES.**

### **PURPOSE**

- To provide the Head of Department with a brief report of the Provincial activities building up towards the National Games scheduled to take place from the 20 – 26 October 2019 in Port Elizabeth.
- To request the presence of the MEC on the 20 October 2019 for a sent off of the delegates to participate at the National Golden Games in PE.

### **INTRODUCTION**

The Active Ageing programme builds up from Local Municipalities, Districts, and Provincial and culminate to National Activities.

The program comprises of the following elements:

- Older Persons AGM.
- Older persons Parliament.
- Older Persons Choir.
- Golden Games ( Track , in- field activities etc)

### **BACKGROUND**

- Organising the golden games is a sectoral approach with the following Departments as part of the technical and support teams: Office of the Premier whose role is to coordinate Parliament, Department of Health, Department of Sport Arts Culture and Recreation, the Free State Older Persons Forum who is mainly responsible for the Older persons AGM and the NGO's providing services to Older Persons to ensure that the games were successful.
- All local and District activities took place in August 2019 with the final selection of a Provincial team taking place from the 19 -20 September 2019 in Dr. Petrus Molemela Stadium and the different sporting codes will represent the Province.
- Over and above the sporting codes, the Aged held and AGM in Masselpoort and the financial implications were incurred by the older persons Forum.
- In addition, the older persons held a Provincial Older Persons Parliament, with the Office of the Premier incurring costs for catering.



- Issues raised at the Parliament to be presented at the National Parliament included the following ;
- Concerns regarding SASSA around the current system and that the point system must be brought back.
  - Older persons to be consulted on the issues affecting them and not be imposed with already made decisions.
  - Municipalities to provide venues which are secured and accessible for Older Persons.
  - Older Persons clubs to be provided with first aid training
  - First aid training to be provided to the young and older persons for handling emergencies.
  - Nurses to visit the clubs.
  - Representation of the older person's desk in the municipalities.
  - Turnaround time to be observed.
  - of older persons abuse to be treated privately.
  - Education in the communities about the diseases affecting the older persons.

**BREAKDOWN** of the team to represent Free State in the National Active Ageing Programme to be hosted in the Port Elizabeth, Eastern Cape comprises of **164** Older Persons broken down as follows:

Females – 96

Males - 68

- 114 participants in Sports
- 30 Choristers
- 10 Free state Older Persons forum members
- 10 Parliamentarians

**Breakdown per district**

Thabo Mofutsanyana = 39

Mangaung Metro = 65

Lejweleputswa = 50

Xhariep = 5



Fezile Dabi

= 5

**Submitted by**



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**Manager: Services to Older Persons**

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**Date:**

**Recommended**

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**Ms C. M Motsoeneng**  
**Director: Special Needs**

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**Date:**

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**Ms M. Motsemme-Mosetlhe**  
**Chief Director: SWS**

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**Ms M. Nthongoa**  
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